

Dragonfly's Nook

PLANTS ♦ CRAFTS ♦ GOOD VIBES

Grow a kinder, greener tomorrow ♥

ECHINACEA

Echinacea purpurea

Strong
Plants
Brighter
Days
♥

A BEAUTIFUL PLANT WITH POWERFUL PURPOSE

A hardy, long-lived perennial known for its vibrant purple-pink blooms and impressive wellness benefits. A favorite in herbal gardens and pollinator patches!

Pretty
Plants
Healthier
People
♥

*Echinacea
purpurea*

Beauty
Immunity
Resilience
♥

Medicinal Benefits

- Supports immune system function
- May help reduce the severity and duration of colds and respiratory infections
- Contains natural antioxidants that help protect cells
- Traditionally used to support overall wellness and inflammation response

Nature
offers us so
much, if we
just take
the time
to grow it.
♥

Growing Information

- Type: Perennial (comes back year after year)
- Height: 2 – 4 feet
- Spread: 1 – 2 feet
- Bloom Time: Summer (June – September)
- Flowers: Purple-pink petals with orange cones
- Hardiness Zones: 3 – 9
- Lifespan: 3 – 5+ years

DEER
RESISTANT
&
POLLINATOR
LOVED!
♥

Plant Care

-  **Sunlight:** Full sun (at least 6 hours daily)
-  **Water:** Moderate. Keep soil moist but not soggy.
-  **Soil:** Well-draining, moderately fertile soil
-  **Feed:** Light compost in spring
-  **Winter Care:** Hardy perennial. Cut back stems in late fall or leave for winter interest and pollinator habitat.

Uses



Teas
(use dried flowers or leaves)



**Tinctures
& herbal extracts**



**Salves
& skin care**



A beautiful
addition to
cut flower
bouquets

Pollinator Friendly

Attracts bees, butterflies, and other beneficial pollinators, helping to support a healthy garden ecosystem.



Good to Know

- ✓ Drought tolerant once established
- ✓ Low maintenance
- ✓ Long-blooming and reliable
- ✓ Great for herb gardens, borders, and native plant gardens

Healthy Plants
Happier Days ♥

♥ PLANT WELLNESS. GROW JOY.

Dragonfly's Nook ♥

Small plants
make a big difference
♥