



MY HERBAL PREPARATION LOG

Record what you make, how you made it, and where you stored it

Keeping notes helps you reproduce successful batches and spot problems with older preparations.



PLANT INFORMATION

Plant: _____

Scientific name: _____

Plant part used: _____

Fresh or dried: _____

Harvest date: _____

PREPARATION

Type of preparation:

Tincture

Infused oil

Salve

Herbal honey

Oxymel

Other: _____

Ingredients: _____

Ratio / measurements: _____

Preparation date: _____

Method / steeping time: _____



BATCH & STORAGE

Batch #: _____

Date strained/finished: _____

Best-by / review date: _____

Storage location: _____

Container: _____



QUALITY CHECK

Before storing:

- ☐ Completely dry when required
- ☐ No mold or unusual growth
- ☐ No unexpected bubbling
- ☐ No unusual or musty odor
- ☐ Container clean & dry
- ☐ Label attached

NOTES

Appearance: _____

Aroma: _____

Color: _____

Texture: _____

What would I change next time? _____



BATCH NOTES

Date opened: _____

Changes noticed: _____

Final result:

Would make again

Would modify

Would not make again

REMEMBER

Label every batch. Record your ratios. Trust your senses—and when something looks or smells wrong, don't use it.

Educational record-keeping sheet. Always follow appropriate safety guidance for the specific herb and preparation.